

# Revision timetable planning

# How to get your revision organised!

- 1) Plot all of your exams into your revision timetable into the correct day.
- 2) Think about your school day – how many revision slots can you fit in? What times will they be at?
- 3) What about weekends?
- 4) What subjects are you going to do and when?
- 5) What are you actually going to revise in each of those slots?

# Why should you revise?

- Your brain forgets details of the work you did months ago,
- But...
- You need these details to answer the questions in the exam,
- So...
- You need to 'top-up', by using the correct revision technique.

# Where should you revise?

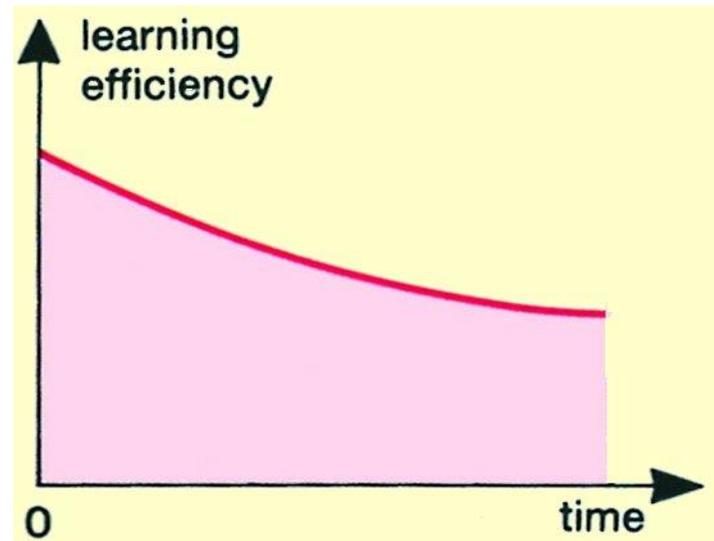
- In a quiet room, perhaps a bedroom, warm and well-lit, with a table to work at.
- Ideally, with a table-lamp, to help you to focus on the page, with a clock for timing (later...).

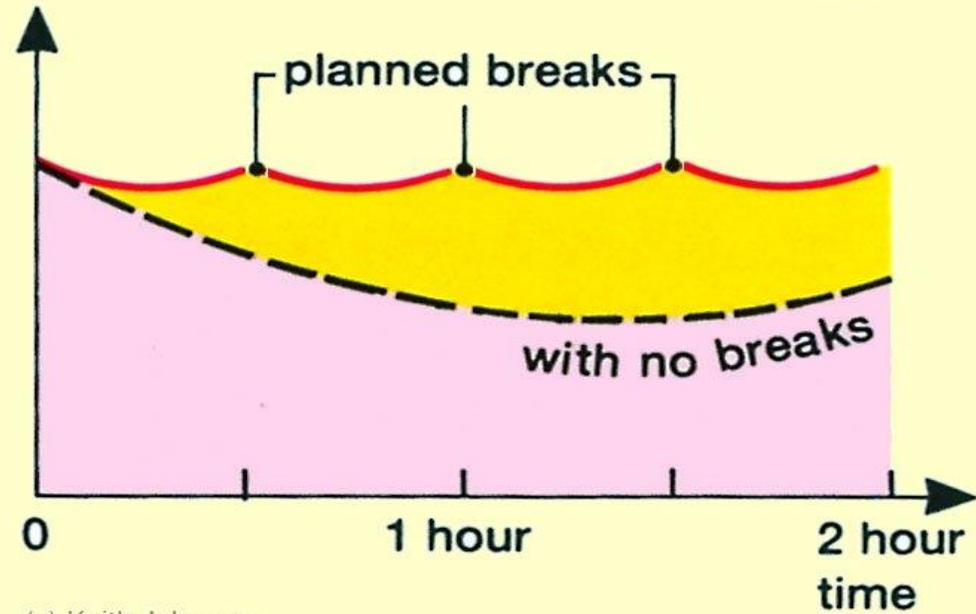
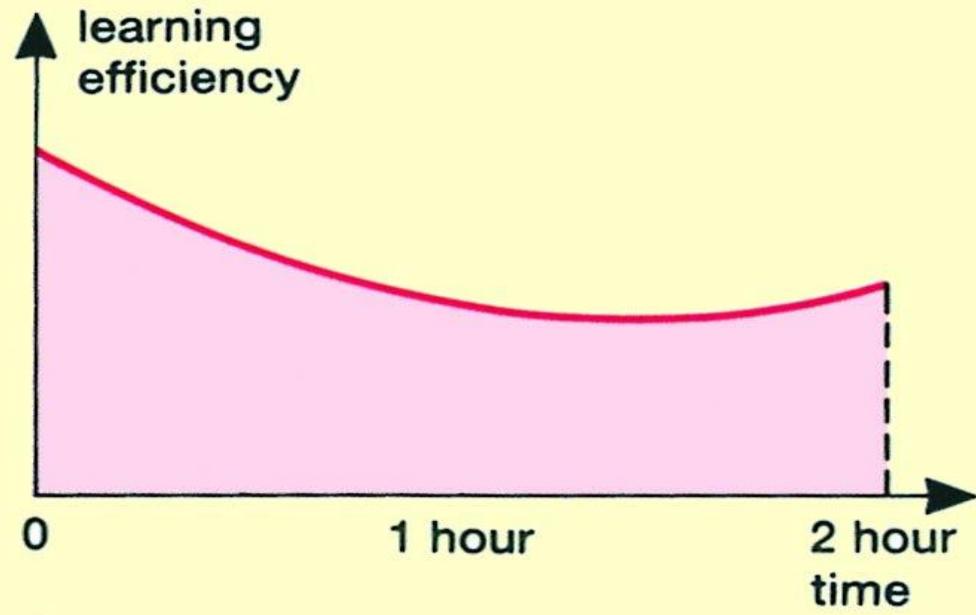
# When should you revise?

- Start your revision early each evening, before your brain gets tired.

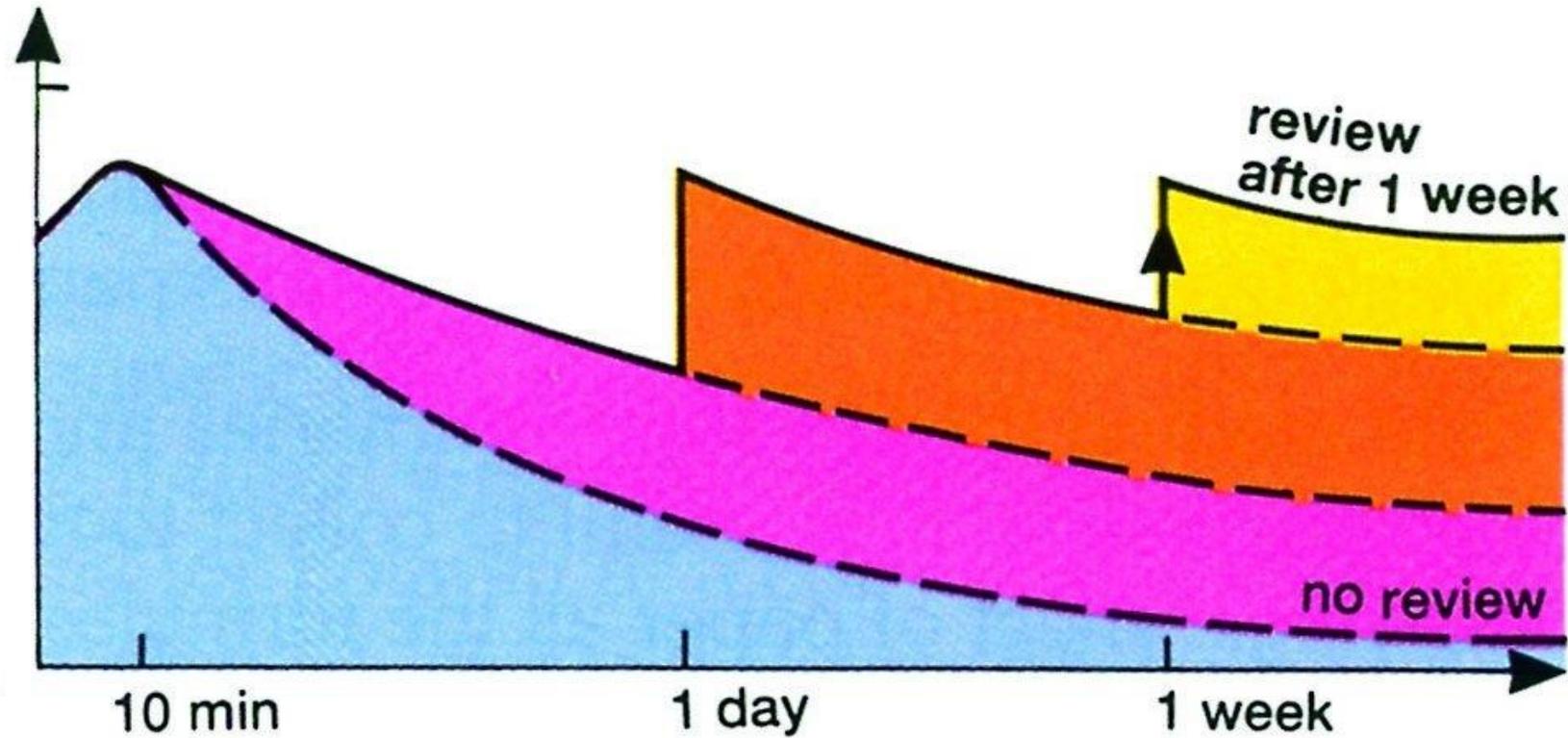
# How should you revise?

- If you just sit down to revise,
- Without a definite finishing time, then your **learning efficiency** falls lower and lower, like this:





# How often should you revise?



# Transforming Your Notes

- Before you can actually revise all of the notes you have made throughout your year or course, you need to transform them into something much more manageable – there is no way that you will be able to remember all of the information (and extra information) just as it is.
- Fortunately there are a number of ways that you can condense these notes, and pare them down to give your memory a chance! We've described two below that we think are the most helpful.

# Transforming Your Notes - Chunking

Chunking is breaking up a big piece of information into smaller chunks rather like steps in a ladder. It can be used for numbers and words. Often people use **bullet points** to break up information.

Try to remember this by breaking it up into chunks:

**The average person can take in four numbers or words at a time, can concentrate on revision for a maximum of 45 minutes at a time and remembers information best shortly before bedtime.**

Chunked:

- Remember 4 words/numbers at a time
- Revision max 45 mins.
- Remember best before bedtime.

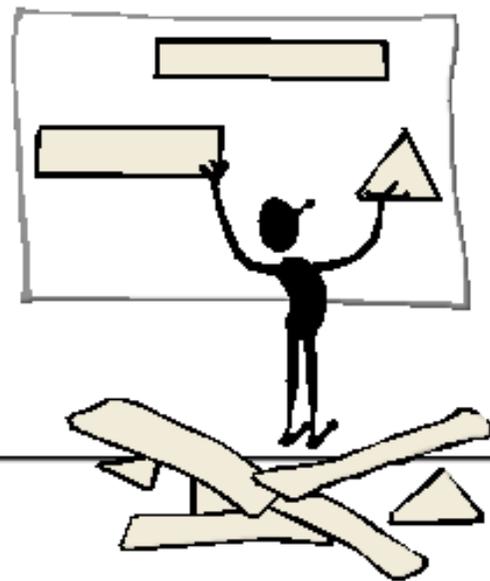
# Transforming Your Notes - Mnemonics

- Mnemonics act as memory aids by helping you to remember by using short words that stand for something to help you, and they allow personalisation and creativity. Here are some examples:
- 1) The colours of the rainbow - **Roy G. Biv** ('Richard **O**f York **G**ave **B**attle **I**n **V**ain' to remember red, orange, yellow, green, blue, indigo, violet).
- 2) The four compass points - **Naughty Elephants Squirt Water** (North South East West).
- 3) The seven characteristics of living organisms - **Mr. Grief** (**M**ovement, **R**eproduction, **G**rowth, **R**espiration, **I**rritability, **E**xcretion, **F**eeding). You can devise many more of these to aid your personalised recall of items in your subjects.

# Organise YOUR time

- Plan your revision, create a timetable for yourself.
- Stick to it!
- It will be worth it!
- But build in some “me time”. Rewards, socialising, games/social media etc.

# REVISION PLANNER



# Step 1: Plot your exam dates onto your timetable...

Use your exam timetable...

## WEEK BEGINNING: Monday 23rd JANUARY 2017

| <b>Times</b> | <b>Mon 23<sup>rd</sup></b> | <b>Tues 24<sup>th</sup></b> | <b>Weds 25<sup>th</sup></b> | <b>Thurs 26<sup>th</sup></b> | <b>Fri 27<sup>th</sup></b> |
|--------------|----------------------------|-----------------------------|-----------------------------|------------------------------|----------------------------|
| Session 1    |                            |                             |                             |                              |                            |
| Session 2    |                            |                             |                             |                              |                            |
| Session 3    |                            |                             |                             |                              |                            |
| Session 4    |                            |                             |                             |                              |                            |

Each session should only be 45 minutes long with 15 minutes break

| <b>Times</b> | <b>Sat 28<sup>th</sup></b> | <b>Sun 29<sup>th</sup></b> |
|--------------|----------------------------|----------------------------|
| Session 1    |                            |                            |
| Session 2    |                            |                            |
| Session 3    |                            |                            |
| Session 4    |                            |                            |
| Session 5    |                            |                            |
| Session 6    |                            |                            |
| Session 7    |                            |                            |
| Session 8    |                            |                            |

## Step 2 - Once your exam dates are your timetable...RAG RATING your topics...

**You need to know what to revise in each subject slot...**



Have you got revision guides? Or can you use your exercise books/folders?

Revision Guide Contents pages and your exercise book notes?

Traffic light them...

**Red = No idea**

**Amber = little bit of revision I can get there**

**Green = all good!**

**It is human nature to revise areas we are strong in. Go for the red and ambers to make an impact!**

## Step 3: Put your subjects on your TT...

- On each day you should do at least 3x45/4x30 minute sessions. The timings of this should fit around your out of tea time, out of school commitments etc.
- List your subjects in order of difficulty. Then allocate an appropriate amount of sessions to each subject

# Step 3: Put your subjects on your TT... For Example...

- 21 sessions per week

1<sup>st</sup> Most difficult subject – 6 sessions

2<sup>nd</sup> Most difficult subject – 6 sessions

3<sup>rd</sup> Most difficult subject – 5 sessions

4<sup>th</sup> Most difficult subject – 4 sessions

## WEEK BEGINNING: Monday 26<sup>th</sup> FEBRUARY 2018

| Times                    | Mon 26 <sup>th</sup> | Tues 27 <sup>th</sup> | Wed 28 <sup>th</sup> | Thurs 1st | Fri 2nd |
|--------------------------|----------------------|-----------------------|----------------------|-----------|---------|
| Session 1<br>3.30 – 4.15 | Geography            | Science               | Maths                | History   | German  |
| Session 2<br>4.30 – 5.15 | Maths                | Geography             | History              | German    | Science |
| Session 3<br>6.30 – 7.15 | Geography            | Science               | Maths                | History   | German  |
| Session 4<br>7.30 – 8.15 | Homework             | Homework              | Homework             | Homework  | Science |

| Times                   | Sat 3rd | Sun 4th |
|-------------------------|---------|---------|
| Session 1<br>9 – 9.45   | Maths   | History |
| Session 2<br>10 – 10.45 | Maths   | History |
| Session 3<br>11 – 11.45 | Science | English |
| Session 4<br>12 – 12.45 | Science | English |
| Session 5<br>6 – 6.45   | Maths   | History |
| Session 6<br>7 – 7.45   | Science | English |
| Session 7               |         |         |
| Session 8               |         |         |

Each session should only be 45 minutes long with 15 minutes break

## Step 4: Put your subjects on your TT... For Example...

You will now allocate one of these topics for each of the subject sessions you do. Then you will ensure your revision stays focused to one particular area.

You start with the topics you have marked 'red'. Once you have revised topics you need to assess your understanding. Is it still 'red' or has it moved to 'amber' or 'green'. Once you have worked through all of your 'reds' you then move to your 'ambers' and your 'greens'.

So a typical week will look like the one on the following slide....

You must produce a new timetable with new topics every week. You must keep this somewhere constantly visible and also near your topic lists, this will make it easier to edit it.

# The aim of tonight was...

- To help our students prepare
- To support effective revision
- To ensure home understand the challenges being undertaken and encourage and make time for revision
- To reduce stress and exam anxiety by controlling the controllables
- By starting now we get prepared and we help to...

*#DoWell*

*Dream Big*