

1 May 2020

Dear Parent, Carer & Student,

### **Biteback 2030 - Cook with Jack**

We would like to introduce you to Biteback 2030 who want to do their bit to help whilst schools are closed. Biteback have launched a daily online cookery class run by a leading chef at the Jamie Oliver Cookery School and supported by the Laidlaw Foundation.

Jack Deane is volunteering his time for Biteback 2030 and presenting the cook-alongs live from his kitchen at his home in West Sussex. The cook alongs are fun, easy to follow, and teach some key skills, but best of all, children will have a delicious, healthy and nutritious lunch at the end of it all.

Next week, we hope you'll tune in to <https://www.youtube.com/c/biteback2030> to watch Jack at 12pm every school day as he rustles up simple meals, that can be made with minimal prep time and equipment, which meet the School Food Standards, and are price checked to come under £15 a week!

Coming up next week...

Monday	Very Veggie Bolognese
Tuesday	Tasty Quesadillas
Wednesday	Nothing Beats Cheat's Pizza
Thursday	Rainbow Wrap
Friday	Egg fried rice - Nice!

Please check the website under 'Coronavirus - latest resources for parents and students' for the newsletter and next week's shopping list.

Yours sincerely,



**Mr S Roberts**  
**Principal**